

Notification Date: October 21, 2025 Effective Date: December 2, 2025

Aminolevulinic Acid, Urine

Test ID: ALAUR

Explanation: The reference value will be updated due to a conversion to alternative units of measure (mmol/mol Cr). Age breaks are no longer applicable.

Current Reference Value

<1 year: < or =10 nmol/mL 1-17 years: < or =20 nmol/mL > or =18 years: < or =15 nmol/mL

Current Specimen Required

Patient Preparation: Patient should not consume any alcohol for 24 hours before specimen collection.

Supplies: Urine Tubes, 10 mL (T068)

Collection Container/Tube: Clean, plastic urine

collection container

Submission Container/Tube: Plastic vial

Specimen Volume: 2 mL

Collection Instructions: Collect a random urine

specimen.

Current Report Available

3 to 7 days

Current Days Performed

Tuesday, Thursday

New Reference Value

< = 2.3 mmol/mol creatinine

New Specimen Required

Patient Preparation: Patient **must not** consume any alcohol for at least 24 hours **prior to** specimen collection.

Supplies: Urine Tubes, 10 mL (T068)

Collection Container/Tube: Clean, plastic urine

collection container

Submission Container/Tube: Plastic vial

Specimen Volume: 2 mL

Collection Instructions: Collect a random urine

specimen.

New Report Available

2 to 4 days

New Days Performed

Monday through Friday

Questions

Contact Melissa Tricker-Klar, Laboratory Resource Coordinator at 800-533-1710.